



## PRICING

*Effective January 2016*

### GROUP REFORMER CLASSES

One class per week	\$17.85/Class
Two or more per week	\$16.00/Class
50/50 Reformer/cycle	\$17.85/Class

#### **NO DROP INS**

*All reformer classes will only have a max of 5 participants in each class.*

### MAT CLASSES

One Class per week	\$11.50/Class
Two or more per week	\$10.00/Class Drop
In (if space permits)	\$14.00/Class

*All mat classes will have a minimum of 4 and maximum of 8 participants in each class.*

### PREPAID PRIVATE CLASSES

*(in mat or reformer)*

Private	\$65.00	
Introduction (new clients only)	\$300.000	\$60.00/hr
5 private sessions		
6 x 1 hour private sessions	\$381.00	\$63.50/hr
12 x 1 hour private sessions	\$744.00	\$62.00/hr
24 x 1 hour private sessions	\$1452.00	\$60.50/hr

### PREPAID SEMI-PRIVATE

*(in mat or reformer)*

Semi Private	\$70.00	
6 x 1 hour semi-private	\$412.00	\$68.50/hr
12 x 1 hour semi-private	\$804.00	\$67.00/hr
24 x 1 hour semi-private	\$1572.00	\$65.50/hr
36 x 1 hour semi-private	\$2302.00	\$64.00/hr

### PEDAL/BOSU/TRX SUSPENSION TRAINING CLASSES

*(any group class involving the bikes, bosu, stability balls, weights)*

Cycle – 1 hour or less	\$10.75
Drop In (if space available)	\$16.00 – 1 hour class Cycle

*A maximum of 7 participants in each class.*

**GST NOT INCLUDED**